

Equity Challenge Day 5: Racial Socialization

Socialization is a process we all go through – it is how we develop values, habits and attitudes and learn to function in the world. Understanding the process of socialization can help us understand how we came to where we are in our views of race and racism as well as what we are willing and “able” to do to work for justice. [Watch this short video on “the culture cycle”](#) at play around race in society.

Today’s Challenge

Option 1: Consider [this model of socialization](#) and look at the different forces at play that reinforce attitudes and beliefs, and also at what can create new patterns.

Option 2: Look at the resources on the [RESilience website](#) and see what catches your interest.

Option 3: Listen to some of the [stories on the EmbraceRace website](#) that speak to how racial socialization shapes our individual and collective lives.